





LIONS CLUBS OF MICHIGAN District 11-A2 DEFENSE AGAINST DIABETES (D.A.D.) PROGRAM

This life changing & lifesaving program was developed to help people with prediabetes. Everyone is welcome to sign up even if you are not pre-diabetic or if you have Type 2 Diabetes. Learn how to live healthier, longer lives with the information and tools provided by this program.

This DAD workshop will be on Zoom

Starting Wednesday June 15, 2022 at 7:00-8:00 p.m.

- Lions of Michigan & Lions Club International Foundation is funding this program with your Defense Against Diabetes grant.
- There is absolutely no cost for participants.
 - You do not have to be a Lion's Club member to register.
- Each 1-hour session will meet on Wednesdays at 7:00-8:00 p.m.
 - This D.A.D. workshop will be led by Lion Carolyn Jennings.

Click <u>here</u> to register for the district 11-A2 D.A.D. class. You can also type WWW.BIT.LY/NKFM-DAD into your browser to register. *Must use all CAPS.*

Questions or Help with the registration process, please contact Ed Bohach ebohach@nkfm.org or 734-222-9800 x 2240